



## LAKE ERIE REGIONAL COUNCIL

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1885 Lake Avenue, Elyria, Ohio 44035  
440-324-5777 ext 1116 Fax: 440-324-4485

### *Welcome to Lake Erie Regional Council Insurance Program.*

#### **MEDICAL MUTUAL**

Below is information that will help you:

- Order *ID Cards*
- Check claim status
- View *Explanation of Benefits* (medical and vision)
- Find out *who is covered on your plan*
- Review your *Benefits*
- Get access to the *Wellness Portal*
- Complete *the Health Assessment*
- *My Care Compare*-This will help you select a provider with the best use of your benefits.
- *Find a Physician, Facility or Vision Provider*

<https://www.medmutual.com>

#### **CREATE AN ACCOUNT**

##### **You will need:**

ID or social security number

Birth date

Create Password

#### **CLAIM FORMS**

##### Medical

Mail this form to the address listed on the back of your member identification (ID) card.

##### Dental

Mail this form to: Medical Mutual, P.O. Box 6018, Cleveland, OH 44101-1018

##### Vision-Medical Mutual Vision

Mail this form to: Medical Mutual, P.O. Box 6018, Cleveland, OH 44101-1018

**Eyemed Vision**-no form required unless the provider does not take Medical Mutual-  
This form is included in your email.

**ID CARDS**

Sign into your account

Go to the bottom of the page and click ID card

**QUICK LINKS**

[Find a Provider](#)

[Health Assessment](#)

[My Care Compare](#)

[Wellness Portal](#)

[Who is Covered](#)

[ID Cards](#)

[Medical Benefits](#)

[Vision Benefits](#)

## **DELTA DENTAL**

Delta Dental does **NOT** require an ID card to obtain services. You can give your social or ID number to the provider.

Delta Dental Website: <https://www.deltadentalmi.com/>

<https://www.deltadentalmi.com/Member/Using-Your-Benefits/Online-Tools/Consumer-Toolkit>

### **Manage your dental plan online with Consumer Toolkit**

Consumer Toolkit® gives you easy, secure online access to your benefits information 24/7. Use this free service if you have dental benefits through an employer for:

- **Eligibility.** Review your specific benefits, including eligibility for dependents.
- **Up-to-date benefit information.** Find current information about your benefits, such as how much of your annual maximum has been used to date, how much is still available to use, and levels of coverage for specific dental services.
- **Claims information.** Review specific claims transactions, reimbursements, payments and pre-treatment estimates. You can also print a copy of your Explanation of Benefits (EOB) statements.
- **ID Cards.** Print a copy of your ID card to give to your dentist. Please note that ID cards are not required and do not verify eligibility, although many dental offices like to keep a copy on file.
- **Paperless EOBs.** Sign up for paperless delivery of your EOB statements.
- **Dentist search.** Search for participating dentists near you.

This tool uses highly secure encryption technology to protect your personal information. All users must first register to gain access to the Consumer Toolkit.

**CAREMARK**

Caremark is your prescription provider

<https://www.caremark.com>

**You must register and create a password**

- Manage prescriptions
- Order status
- Costs & coverage
- Savings opportunities

**Should you have any questions please feel free to call me at 440-324-5777 ext. 1116  
or via email at [Nasipak@mylerc.org](mailto:Nasipak@mylerc.org).**

**Thank you,**

*Lisha Nasipak*

**Health Insurance Benefits Administrator  
Lake Erie Regional Council**